



## **ID: IDENTITY SWITCH**

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*Digging Deeper* this week...

**BiG iDEa:** Jesus invites me to exchange my identity for His.

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Set aside some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

### **Identify**

Embracing how Jesus sees us in heaven as a son, daughter, holy one, and friend is a matter of *learning* how to 'stand up on the inside' regardless of the blows you experience in life. Identify a time when you have 'stood up on the inside' with Jesus. How did this make you feel? Explain.

### **Read**

*Scriptures to grow by...* Matthew 9:16-17; Psalm 121; Isaiah 61:1-7; Luke 4:14-21; 2 Timothy 1:7-10; 2 Corinthian 5:17-19.

### **Reflect**

1. What words, phrases or ideas stand out to you from the Bible readings you read today? How do these passages help you think about what Jesus has given in you exchange for false narratives or lies you believe about yourself?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. If it is true that it is our job to fight to REMEMBER that Jesus died and rose to give us a new life and not a refurbished model of the old one, what practices do you have in place to remember who you are in Christ? What might you want to say to him about this right now? What might he want to say to you?

### **Respond**

*Moving forward...*

This week, ask Jesus something like this: ... "Jesus, what do you have *in exchange* for my feelings of \_\_\_\_\_? (*Fear, depression, anger, failure, etc.*)" Write it down what you hear him tell you. Consider sharing your new insights with a trusted friend.