



Digging Deeper this week...

BiG iDEa: Jesus notices me and invites me to notice Him and others.

Set aside some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

Identify

Think of a time when you have felt "invisible" or "uninteresting" in the company of other people. How did that make you feel? Can you think of a time you treated someone else this way? Explain.

Read

Scriptures to grow by... Matthew 10:37-42; Isaiah 40:26; 1 Samuel 26; John 7:37-39; 1 Corinthians 7:18-25; Ephesians 5:18; Philippians 2:1-8; Galatians 5:22-23.

Reflect

1. What words, phrases or ideas stand out to you from the Bible readings you read today? How do these passages help you think about noticing others and their value in relation to yourself?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. If it is true that "there's no such thing as the 'average Joe' or a boring, uninteresting life" what does this say about how God views you? How might seeing others through Jesus' eyes change how you interact with those who are less easy to love? What might Jesus be saying to you about this?

Respond

Moving forward... SOUL-WORK

This week, ask Jesus to help you notice someone in your life who needs a "cup of cold water" in the form of a word of encouragement, a thank you note, an act of kindness you "caught" a person doing, a warm hug, a smile across the grocery counter or whatever the Lord moves you to think about and act on. Then, share your experience with a trusted friend.