



Digging Deeper this week...

BiG iDEa: Jesus came to set me free and to keep me free.

What's in a name? Set aside some *time* throughout this week to read and reflect on who Jesus is and how His character and presence affects your present and eternity. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

Identify

Describe a time in your life when you were completely helpless and someone or something happened that "rescued" you? How has this event impacted or shaped you?

Read

Scriptures to grow by... Mat. 1:18-25, 13:55; Luke 1:31; Philippians 2:12, 4:4-7; Galatians 5:1, 13-15; Ephesians 2:10; Psalms 119: 41-45, 146:5-10.

Reflect

1. What words, phrases or ideas stand out to you from the Bible readings you read today? How do these passages help you think about and respond to Jesus' arrival in your life as Saviour?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. On Sunday, Doug said that "Jesus didn't just come to save us *from* something but *for* something." What do you believe Jesus came to save you FOR? What might you want to ask Jesus about this and how will you respond?

Respond (*Soul-Work*)

Moving forward... Take time this week to write down some of the areas of your life where you long for rescue? Can you speak to God right now about this and how you might cooperate with Him for the help you desire? What promises of God from the scriptures connect with your needs or longings for help?