



Digging Deeper this week...

BiG iDEa: God invites me to be intentional about my words as a kingdom walker.

Set aside some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

Identify

How have you been affected by life-taking and/or life-giving words spoken to you?

Read

Scriptures to grow by... Matthew 12:33-37; James 3:3-12; Ephesians 4:29; Proverbs 12:18, Proverbs 15:4, Proverbs 16:24, Proverbs 18:21.

Reflect

1. What words, phrases or ideas stand out to you from the Bible readings you read today? How do these passages help you reflect on how your words affect the outcome of what you want from Jesus?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. How have you seen your words affect your actions and/or the reactions of others? What might Jesus be saying to you about this?

Respond

Moving forward...

On Sunday Doug said *if you can't say something nice, skip it.* Re-read Matthew 12:33-37 and James 3:3-12 slowly and deliberately. Then pause and think about those moments when you find it most difficult to speak life-giving words to yourself or others. What is going on inside you or around you in those moments? In order to "skip it" when it comes to non-life-giving words, what is one thing you can take to Jesus about the words you want to *skip* that can make a positive change your life with His help? Take some time to thank Jesus for His desire to help you in your kingdom journey.