

BiG iDEa: Feeding my faith starves my doubts.

Growing Deeper this week...

Have you ever had a moment that took your breath away? This is life as it is meant to be. The kind of unspeakable, take-your-breath-away life that Jesus alone can bring. Take some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

## **Identify**

Think of a moment in time when something or someone took your breath away. Describe how the breath taking moment made you feel?

## Read

*Scriptures to grow by...* Jeremiah 33:14-16, Hebrews 11:1-6, 39-40, Matthew 24:37-44, 1 Corinthians 1:3-9.

## Reflect

- 1. What words, phrases or ideas stand out to you from the Bible readings you read today? What do you think God may be leading you to consider about living by faith in Him, not by sight?
- 2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
- 3. Read Hebrews 11:1-6. On Sunday, Doug said, *if I put faith in my ideas or doubts or circumstances my faith in God will starve and eventually die.* How do you respond to this statement based on what you just read? Do you think Jesus is big enough to handle your doubts and help you with them? What might Jesus want to say to you about this?

## Respond

Moving forward... "Advent" means coming and refers to Jesus' arrival at Christmas when He becomes one of us to share our suffering and to save us through it. How does this self-less act of love impact your faith in Him now as you await His return at the end of time? How you feel about this? Are you afraid? Sceptical? Tired? Hopeless? Ask Jesus how you might feed your faith to starve feelings of doubt and despair?