



BiG iDEa: God wants to heal me from my fear of the light.

Growing Deeper this week...

Jesus said, "I AM the Light of the world." He was indicating that darkness not only proves He is the light, but that dark shadows cannot overcome it. Take some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask

the Holy Spirit for help.

Identify

On Sunday, Pastor Doug said here are four ways in which substances react to light. Some are **transparent**. The light passes through them. Some are **translucent**. They scatter the light. Some are **opaque**. They bar the light. Some are like **mirrors**. They reflect the light. Which substance resembles you most of the time?

Read

Scriptures to grow by... Isaiah 42:1-9, Psalm 119:105, John 8-9, John 1:1-5, 3:19, 5:39-40, 12:35, 14:7, 1 Peter 2:9, Matthew 5:14-16, James 1:17, Revelation 21:23.

Reflect

1. What words, phrases or ideas stand out to you from the Bible readings you read today? What do you think God may be leading you to consider about Jesus' claim to be the Light of the world?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. Re-Read Isaiah 42:1-9 and Matthew 5:14-16. What characteristics of being a light do you most relate to based on what you just read?

Respond

Moving forward... Plato once wrote: "We can easily forgive a child who is afraid of the dark: the real tragedy of life is when men are afraid of the light." What do you fear most about following Jesus

wherever he may lead you? What might Jesus want to say to you about this? What is one thing you can ask Jesus to help you do this week to face that fear?