



BiG iDEa: God fills me with his wholeness

Growing Deeper this week...

When Jesus said, "I AM the bread of life" He was indicating that what bread is to hunger, He is to the soul. Take some time throughout this week to read and reflect on what God's word says on the subject from the Bible passages below. Some questions are provided for you or a small group of friends to provide focus for your reflection. Before your start: Breathe, pray, ask the Holy Spirit for help.

Identify

On Sunday, Doug said that most people like the idea of a fish maker and bread baker who helps us to live a "good life" rather than a Saviour who wants to prepare us for an eternal one. Which image of Jesus is do you relate to most as you consider the prayers you pray, the thoughts you think and the life you live?

Read

Scriptures to grow by... Exodus 12:1-20, 16:1-17; John 4:34, 6:1-12; Ecclesiastes 3:11; Deuteronomy 8:1-5; Matthew 4:1-11, 5:6 24:26-30; Jeremiah 15:16; Psalm 34:8, 63:1, 107:8-9; Amos 8:11. Hebrews 9:26b-28.

Reflect

1. What words, phrases or ideas stand out to you from the Bible readings you read today? What do you think God may be leading you to consider about Jesus' claim to be the only one who can satisfy your deepest hunger or longing?
2. How do these words, phrases or ideas connect with your everyday life? What do they lead you to think or to do?
3. Re-Read Deuteronomy 8:2-3 and Amos 8:11. What kind of character do you think God wants to build in you based on what you just read?

Respond

Moving forward... If it is true that certain smells can trigger a positive mood in people, how is the "fresh bread" of Jesus' life affecting you? What can you do differently this week to immerse yourself in the aroma of Jesus' presence so that your compassion toward others might increase? What might Jesus want you to think or do this week with Him?